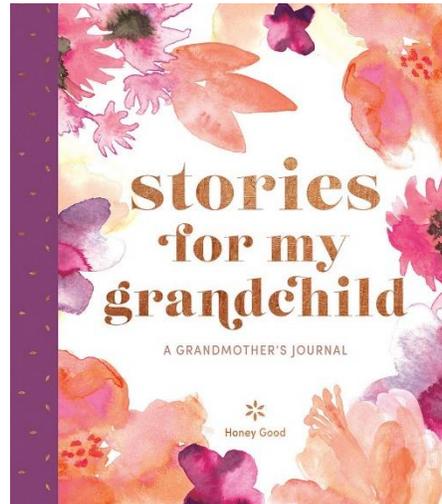


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Media Inquiries: [connect@honeygood.com](mailto:connect@honeygood.com)

For Immediate Release

**Lifestyle Expert and Influencer Susan ‘Honey’ Good’s  
*STORIES FOR MY GRANDCHILD***



**CHICAGO, IL** -- When Lifestyle Expert and Influencer Susan ‘Honey’ Good reinvented herself in her sixties and created HoneyGood.com, she quickly endeared herself as an icon for women over 50, many of whom are grandmothers. An editor at Abrams Books took notice of Honey Good’s stature among women and grandmothers as well as the national recognition she has received and sought her out to pen their concept journal, ***STORIES FOR MY GRANDCHILD*** (Abrams Noterie; February 2019; U.S. \$16.99, Hardcover). The editor described Honey as the personification of the “cool 21st century grandmother” and a vibrant, visible role model. [Honey Good’s book](#) is available currently for pre-sale with a February 5, 2019 publication date.

Her stylish, beautifully-illustrated keepsake journal covers numerous topics in a Q & A format so grandparents can pass down personal stories and family history in the first person. The book also features Honey Good’s wise personal quotes about the joys of grandmotherhood. Honey speaks from experience with a blended family that includes 25 Grands.

Honey Good’s smart, succinct, often humorous, sometimes poignant self-reflections are relatable and on point and have carried over to her beautiful book featuring astute subjects and questions ranging from how she amused herself as a child to what dating was like when she was a teenager, and how she navigated challenges and opportunities throughout adulthood. Each entry offers a grandmother an opportunity to give her grandchild a connection to their heritage and a deeper relationship with their grandmother. The journaling prompts and personal quotes were conceived by Honey Good who is actively redefining this stage of life on her award-winning website HoneyGood.com, with an impressive following of over 200,000.

Once a grandmother shares her experiences and feelings through Honey Good’s prompts, she will gift her completed heirloom to her grandchildren who, in turn, will pass down their grandmother’s treasure to their own children. The grandmother’s intimate stories and experiences, documented for perpetuity,

will capture her love, family history, personal vignettes, education and work history as well as her values and personality. "Sharing stories from a grandmother's past gives her grandchildren a sense of identity, a connection to their heritage and a deeper relationship with her," said Susan Honey Good. "With the gift of this journal all about her," Good added, "Grandchildren will know their grandmother for more than kisses and comfort. They will learn about their family through her memories and, more importantly, about the values that they will hand down to future generations."

Ranked near the top of Feedspot's list of top 75 Baby Boomer Blogs and recently featured in [The New York Times \(Sunday, 11/11/18\)](#), HoneyGood.com has been awarded GRAND magazine's Best GRANDparents Website/ Blogger Award. She has also written for HuffPost and the Sun-Times National News Network and has contributed to Sixty and Me, Medium.com, thirdAge, GRAND magazine, Prevention.com and Redbook.com. Her goal and that of HoneyGood.com and its new private membership community called [MOXIE!](#) is to encourage women to be visible, vibrant and self-confident and to pass those life lessons on to the next generation. [Stories for My Grandchild](#) is a hardcover with a cloth spine and a foil stamped case and features stylish watercolor artwork throughout. It is the perfect gift for Valentine's Day, Mother's Day, Grandparents' Day, baby showers, or for the discerning grandmother on her birthday.

### **About the Author**



Honey Good is the founder of [HoneyGood.com](#), an award-winning online destination recently featured in [The New York Times](#) (Sunday, 11/11/18), with a mission to encourage women over 50 to be visible, vibrant and self-confident and to inspire the next generation. She also contributes to Medium, Sixty and Me, thirdAGE and GRAND Magazine. She has 25 grandchildren and lives in Chicago and Rancho Mirage, California with her husband Sheldon F. Good, a real estate auction pioneer and commercial real estate consultant.

### **About the Book**

#### ***Stories for My Grandchild***

By Honey Good

Abrams Noterie/ February 2019

U.S. \$16.99 / Can. \$21.99

Hardcover / 80 pages

7 x 8" / 80 color illustrations

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